

## Dine how you like...

◆ ◆ Fold out to see the full menu

### Eat easy

Try our premium frozen meals range available in the Forest Retreat which taste just as good as homemade, without the hassle of cooking – just heat and eat.

### Eat on the go

Grab yourself something from the Forest Retreat while you're on the go. We offer a range of snacks and have a selection of hot and cold drinks.

### Eat in the Forest Retreat 🐾

Pop down to the Forest Retreat for a bite to eat as food is available throughout the day including breakfast favourites, lunches, evening meals and delicious desserts. Paws welcome too!

### Eat in your cabin

Fancy staying in? You can browse and order soft drinks, local beers, wines and old favourites on the tv from the comfort of your cabin and we'll deliver them straight to your doorstep.

### Eat al fresco

We'll even deliver a barbeque pack full of local produce including burgers, sausages, tortilla chips, dips and more. Plus, marshmallows for toasting so you can really immerse yourself into the full forest experience.

### Eat special

Already planning your next break with us? Book a gourmet meal cooked for you in your cabin by a talented chef, who will even do the washing up for you! Make sure you book in advance.

### Eat local

Located just 10 minutes away, overlooking the River Wye, is the The Saracens Head Inn. They offer a seasonal menu that uses fresh ingredients sourced locally where possible. Great for dining or enjoy their local real ales and quality wines.

## Local food

### LOCAL BUTCHERS

Located in the village of Coleford, just 2 miles away, is Wye Valley Bacon & Sausage.

With favourites such as wild boar burgers and thick cut sausages, they have been supplying Forest Holidays Forest of Dean for many years.

### MARSHFIELD FARM ICE CREAM

Marshfield Farm Ice Cream is a family run business that produces award winning ice cream from the dairy cows from their farm. The fresh milk and all-natural ingredients that are sourced locally where possible, create this delicious ice cream. Available to buy in a variety of flavours in the Forest Retreat.

## Local drinks

### SILVER CIRCLE DISTILLERY

Silver Circle Distillery produce handmade craft spirits in the Monmouthshire village of Catbrook, deep in the Wye Valley area of Outstanding Natural Beauty.

The distillery was launched in June 2019 with the aim of developing an exciting spirits brand that uses local ingredients in unique products that showcase the Wye Valley. They are a Welsh distillery and are proud to be part of a growing scene of craft spirits producers in Wales.



### DID YOU KNOW?

10p from every hot drink sold in the Forest Retreat supports small rural businesses through our start-up grants in partnership with The Prince's Countryside Fund.



We love celebrating everything local and always look to support and promote local businesses surrounding our locations.

We're proud to help you discover the very Best of British.

## Movie night

### MOVIE NIGHT TREATS

Cosy nights in call for movies and treats. Tuck into a huge chocolate slab, a tub of ice cream, sweet popcorn and spicy tortilla chips.

### IN-CABIN ENTERTAINMENT

Watch a movie with our premium entertainment & wifi package. Great after a day exploring the forest.

\*Available to add on straight through the TV for an extra fee

Please leave me in your cabin



## Ready to order?

You can order food to your cabin for when you return from exploring the forest.

Scan the QR code on the tv to see our full menu or visit [forestholidays.co.uk/food](https://forestholidays.co.uk/food) to place your order.

*Don't miss out, pre-order early!*

### Allergens and nutritional information

All of our food is prepared in our kitchen where nuts, gluten and other allergens are present. Our menu descriptions do not include all of the ingredients used in our dishes. If you have a food allergy, please let us know before ordering. Full allergen information is available at [forestholidays.co.uk/food-and-drink](https://forestholidays.co.uk/food-and-drink)

All vegetarian and vegan foods are prepared in the same kitchen alongside the rest of our menu. We cannot guarantee that these items have been cooked in dedicated fryers. Please ask a team member for more information.

To discuss gluten free options available, please speak to a member of the team.

### KEY

VO Vegetarian option V Vegetarian dishes VEO Vegan option VE Vegan dishes

\*We're legally obliged to let you know that adults need around 2000kcal a day

## Takeaway menu



*Food delivered to your cabin*

### We love to hear your feedback!

Help us improve our service and offerings by letting us know how your meal was. Scan the QR code here.



## Ready to order?

See the reverse for more details.

## Breakfasts



<b>Full breakfast</b> 702kcal	<b>£8.95</b>	<b>Pancake stack drizzled with maple syrup</b>	<b>from £6.95</b>
Sausage, bacon, fried egg, baked beans, flat mushroom, roasted cherry tomatoes and toast		Choose from: Mixed berries V 511kcal Crispy Beechwood bacon 680kcal Nutella V 611kcal	
<b>Vegetarian breakfast</b> V VEO 727kcal	<b>£8.95</b>	<b>Continental pastry selection</b> V 1526kcal	<b>£8.50</b>
Vegan sausage, fried eggs, avocado, roasted cherry tomatoes, spinach, mushroom, smoked tofu and toast. Make it vegan by removing the eggs 584kcal		Freshly baked croissant, pain au chocolat, pain au raisin, raspberry croissant and toast served with Tiptree jam	
<b>Spiced tomato, bacon &amp; egg folded flatbread</b> 529kcal	<b>£7.95</b>	<b>Breakfast brioche rolls</b> VO VEO	<b>from £4.50</b>
Crispy bacon & scrambled egg with a spiced tomato sauce served in a folded flatbread		Choose from: Sausage 622kcal Bacon 588kcal Vegan sausage VE 302kcal Fried egg V 347kcal	
<b>Spiced tomato, spinach &amp; tofu folded flatbread</b> VE 334kcal	<b>£7.95</b>		
Smoked tofu and spinach with a spiced tomato sauce served in a folded flatbread			

## Forest Ranger Breakfasts

<b>Forest Ranger breakfast</b> 1296kcal	<b>£11.95</b>
Sausages, bacon, baked beans, fried eggs, potato rosti, black pudding, flat mushroom, cherry tomatoes and toast	
<b>Mini Ranger breakfast</b> 662kcal	<b>£6.50</b>
Sausage, baked beans, potato rosti, fried egg and toast	
<b>Mini Ranger vegan breakfast</b> VE 545kcal	<b>£6.50</b>
Vegan sausage, baked beans, potato rosti, smoked tofu and toast	

## Burgers

All our burgers are served in a brioche bun with baby gem lettuce, red onion and tomato relish served with skin on fries 433kcal or house salad 86kcal.

<b>Beef burger</b> 719kcal	<b>£11.95</b>
<b>Loaded burger*</b> 965kcal	<b>£14.95</b>
Beef burger topped with bacon, cheese, chipotle pulled pork & onion rings	

<b>Buttermilk chicken</b> 429kcal	<b>£11.95</b>
<b>Chargrilled chicken</b> 398kcal	<b>£11.95</b>
<b>Moving Mountains plant based burger</b> VE 499kcal	<b>£11.95</b>
Add vegan cheese 109kcal for £1	

<b>Mushroom &amp; halloumi stack</b> V 510kcal	<b>£10.95</b>
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\* Not included in the burger night deal

## Extra toppings...

<b>Bacon</b> 140kcal	<b>£1.00</b>
<b>Mature cheddar</b> V 208kcal	<b>£1.00</b>
<b>Halloumi</b> V 100kcal	<b>£1.75</b>



### BURGER NIGHT DEAL £25.00

Enjoy 2 burgers with chips & onion rings.

## Stonebaked Pizzas

All our 12" pizzas are cooked in our stonebaked pizza ovens. For gluten free options -247kcal or vegan options +83kcal, please contact the Forest Retreat.

<b>Margherita</b> V VEO 1305kcal	<b>£11.95</b>
Mozzarella & tomato sauce base	

<b>Pepperoni</b> 1487kcal	<b>£13.50</b>
Pepperoni slices, mozzarella and a tomato sauce base	

<b>Farmhouse</b> 1384kcal	<b>£13.50</b>
Ham, mushroom, mozzarella and a tomato sauce base	

<b>Hawaiian</b> 1419kcal	<b>£13.50</b>
Ham, pineapple, mozzarella and a tomato sauce base	

<b>Veggie feast</b> V VEO 1412kcal	<b>£13.50</b>
Mushrooms, mixed peppers, red onions, sweetcorn, spinach, mozzarella and a tomato sauce base	

<b>BBQ chicken</b> 1589kcal	<b>£14.95</b>
Chicken, crispy bacon, sweetcorn, mozzarella and a tomato & BBQ sauce base	

<b>Sweet chilli chicken</b> 1424kcal	<b>£14.95</b>
Chicken, mixed peppers and tomato sauce base drizzled with sweet chilli sauce	

<b>Meat feast</b> 1665kcal	<b>£14.95</b>
Chicken, bacon, pulled pork, pepperoni, mozzarella and a tomato sauce base	

<b>Chipotle hot</b> 1490kcal	<b>£14.95</b>
Chipotle pulled pork, red onions, jalapeños, mozzarella and a tomato sauce base	



### PIZZA NIGHT DEAL £34.00

Choose any 2 pizzas, garlic pizza bread & a tub of ice cream for dessert.

## World Dishes

### Starters All served with mango chutney

<b>Two chicken skewers</b> 333kcal	<b>£4.95</b>	<b>Vegetable pakoras</b> VE 420kcal	<b>£4.95</b>
<b>Vegetable samosas</b> VE 308kcal	<b>£4.95</b>	<b>Mixed selection</b> 1407kcal	<b>£10.00</b>
<b>Onion bhajis</b> VE 425kcal	<b>£4.95</b>	Chicken skewers, three veg samosas VE, four onion bhajis VE and four veg pakoras VE	

### Indian inspired Mains

Served with poppadoms and boiled rice.

### New recipes for 2023!

<b>Chicken tikka masala</b> 798kcal
<b>Chicken jalfrezi</b> 607kcal
<b>Chicken korma</b> 888kcal
<b>Thai green chicken curry</b> 740kcal

<b>Vegan rainbow</b> VE 551kcal	
Sweet potato pieces, courgette and peppers in a spiced tomato and coconut cream sauce	

<b>ADD ON FOR £2.50:</b>
<b>Flame baked garlic and coriander naan bread</b> VE 200kcal



All mains £11.95

### CURRY NIGHT DEAL £31.50

Tuck into our mixed selection starter and two curries. The choice is yours!

## Sweet treats

Perfect for sharing

<b>Chocolate fondue</b> 1246kcal	<b>£8.50</b>
A selection of mini brownies VE, marshmallows and mini doughnuts V, served with toffee V and chocolate VE dipping sauces.	

<b>Large ice cream tubs</b> V	<b>from £5.75</b>
Choose from a variety of flavours. See individual tub for nutritional information.	

## Salads

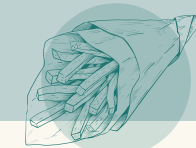
Our salads come with mixed leaves, cherry tomatoes, cucumber, carrots, cabbage and onions and a choice of either chicken skewers 271kcal, pulled pork 123kcal, halloumi V 446kcal, smoked tofu VE 165kcal or falafel bites VE 318kcal

<b>Caesar salad</b> V 282kcal	<b>£10.95</b>
Served with Caesar dressing and garlic & herb croutons	
<b>Mediterranean inspired salad with balsamic dressing</b> VE 287kcal	<b>£10.95</b>
A seasoned mix of quinoa, kale, brown rice, soya beans & diced vegetables	



## Something on the side

<b>Skin on fries</b> VE 433kcal	<b>£3.50</b>	<b>Garlic pizza bread</b> V 1186kcal	<b>£6.50</b>
<b>Onion rings</b> VE 500kcal	<b>£3.50</b>	<b>Garlic pizza bread with cheese</b> V 1443kcal	<b>£7.50</b>
		<b>House salad</b> VE 86kcal	<b>£2.75</b>
		Served with a balsamic dressing	



## Kids meals

### Mains choose one...

<b>Chicken goujons</b> 252kcal
<b>Vegan bites</b> VE 176kcal
<b>Fish goujons</b> 181kcal
<b>Beef burger</b> 428kcal
<b>Sausage</b> 330kcal VEO 148kcal
<b>Chicken breast</b> 100kcal

<b>Margherita pizza</b> VEO 645kcal
<b>Tomato and cheese pasta</b> V 320kcal with hidden veg

### Sides choose two...

<b>Fries</b> VE 216kcal	<b>Baked beans</b> VE 73kcal
<b>Jacket potato</b> VE 299kcal	<b>Sweetcorn</b> VE 76kcal
<b>House salad</b> VE 15kcal	

Choose a main and two sides for £6.50



Delivered straight to your cabin!