

Fold out to see the full menu

### Eat easy

Try our premium frozen meals range available in the Forest Retreat which taste just as good as homemade, without the hassle of cooking - just heat and eat.

### Eat on the go

Grab yourself something from the Forest Retreat while you're on the go. We offer a range of snacks and have a selection of hot and cold drinks.

## Eat in the Forest Retreat \*

Pop down to the Forest Retreat for a bite to eat as food is available throughout the day including breakfast favourites, lunches, evening meals and delicious desserts.

Paws welcome too!

### Eat in your cabin

Fancy staying in? You can browse and order soft drinks, local beers, wines and old favourites on the tv from the comfort of your cabin and we'll deliver them straight to your doorstep.

## Eat al fresco

We'll even deliver a barbeque pack full of local produce including burgers, sausages, tortilla chips, dips and more. Plus, marshmallows for toasting so you can really immerse yourself into the full forest experience.

## Eat special

Already planning your next break with us? Book a gourmet meal cooked for you in your cabin by a talented chef, who will even do the washing up for you! Make sure you book in

### Eat local

Located just 10 minutes away from Deerpark, our top recommendation for lunch or dinner is the Plough at Duloe. This is a traditional Cornish pub that just happens to have an award winning chef, overseeing a delicious menu using fantastic local produce, sourced from local farms less than two miles away.

## Movie night

#### **MOVIE NIGHT TREATS**

Cosy nights in call for movies and treats. Tuck into a huge chocolate slab, a tub of ice cream, sweet popcorn and spicy tortilla chips.

#### IN-CABIN ENTERTAINMENT

Watch a movie with our premium entertainment & wifi package.

Great after a day exploring the forest.

\*Available to add on straight through the TV for an extra fee

# Total food

#### LOCAL BUTCHERS

All of our sausages, bacon and beef burgers are supplied by Pelynt Stores Ltd, based in Looe, Cornwall just 6 mile from our location. Supplying Forest Holidays Deerpark since 2008, Pelynt Stores Ltd, founded in 1988 by Joe O'Keeffe, is a local grocery store and traditional butchers, where all the meat is sourced locally. This was made a family business in 2004 after Joe's son Thomas and daughter Katy joined the business.

## CALLESTICK FARM ICE CREAM

Award winning Cornish ice cream that is made from fresh whole milk from a herd lovingly farmed by the Parker family, since 1953. There is a delicious range of flavours available to enjoy from the Forest Retreat.

# Jocal drinks

#### **CORNISH ORCHARDS**

Located just 4 miles from Deerpark, Cornish Orchards supply a range of delicious craft cider, refreshing ginger beer and soft drinks for you to enjoy.

#### SKINNERS BREWERY

Based in Cornwall, Skinners
Brewery produce awardwinning ales
with Cornish grown barley. Starting in
1997, Skinners brewery has grown
whilst still remaining a family
business at its roots.

### DID YOU KNOW?

10p from every hot drink sold in the Forest Retreat supports small rural businesses through our start-up grants in partnership with The Prince's Countryside Fund.

## Best of British

THE PRINCE'S COUNTRYSIDE FUND

We love celebrating everything local and always look to support and promote local businesses surrounding our locations.

We're proud to help you discover the very Best of British.

Please leave me in your cabin



## Ready to order?

You can order food to your cabin for when you return from exploring the forest.

Scan the QR code on the tv to see our full menu or visit **forestholidays.co.uk/food** to place your order.

Don't miss out, pre-order early!

### Allergens and nutritional information

All of our food is prepared in our kitchen where nuts, gluten and other allergens are present. Our menu descriptions do not include all of the ingredients used in our dishes. If you have a food allergy, please let us know before ordering. Full allergen information is available at forestholidays.co.uk/food-and-drink

All vegetarian and vegan foods are prepared in the same kitchen alongside the rest of our menu. We cannot guarantee that these items have been cooked in dedicated fryers. Please ask a team member for more information.

To discuss gluten free options available, please speak to a member of the team.

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vO vegetarian option v vegetarian dishes vEO vegan option vE vegan dishes

\*We're legally obliged to let you know that adults need around 2000kcal a day

# Takeaway menu



Food delivered to your cabin

We love to hear your feedback!





## Ready to order?

See the reverse for more details.



Full breakfast 702kcal

£8.95

Sausage, bacon, fried egg, baked beans, flat mushroom, roasted cherry tomatoes and toast

**Vegetarian breakfast** V VEO

Vegan sausage, fried eggs, avocado, roasted cherry tomatoes, spinach, mushroom, smoked tofu and toast. Make it vegan by removing the eggs 584kcal

Spiced tomato, bacon & egg £7.95 folded flatbread 529kcal

Crispy bacon & scrambled egg with a spiced tomato sauce served in a folded flatbread

Spiced tomato, spinach & tofu £7.95 folded flatbread VE 334kcal

Smoked tofu and spinach with a spiced tomato sauce served in a folded flatbread

Pancake stack drizzled with from £6.95 maple syrup

Choose from: Mixed berries v 511kcal Crispy Beechwood bacon 680kcal Nutella v 611kcal

Continental pastry selection > £8.50

Freshly baked croissant, pain au chocolat, pain au raisin, raspberry croissant and toast served with

Breakfast brioche rolls from VO VEO £4.50

£6.50

£6.50

Choose from: Sausage 622kcal Bacon 588kcal Vegan sausage VE 302kcal Fried egg V 347kcal

## Forest Ranger Breakfasts

Forest Ranger breakfast 1296kcal £11.95

Sausages, bacon, baked beans, fried eggs, potato rosti, black pudding, flat mushroom, cherry tomatoes and toast

Mini Ranger breakfast 662kcal

Sausage, baked beans, potato rosti, fried egg and toast

Mini Ranger vegan breakfast VE 545kcal

Vegan sausage, baked beans, potato rosti, smoked tofu and toast





All our burgers are served in a brioche bun with baby gem lettuce, red onion and tomato relish served with skin on fries 433kcal or house salad 86kcal.

£11.95

Beef burger 719kcal £14.95 Loaded burger\* 965kcal Beef burger topped with bacon, cheese, chipotle pulled pork & onion rings

Buttermilk chicken 429kcal £11.95 Chargrilled chicken 398kcal £11.95

Moving Mountains plant based **burger** VE 499kcal Add vegan cheese 109kcal for £1

Mushroom & halloumi stack £10.95 V 510kcal

\* Not included in the burger night deal



Bacon 140kcal £1.00 Mature cheddar v 208kcal £1.00 Halloumi V 100kcal £1.75



# Stonebaked Pizzas

All our 12" pizzas are cooked in our stonebaked pizza ovens. For gluten free options -247kcal or vegan options +83kcal, please contact the Forest Retreat.

£13.50

Margherita V VEO 1305kcal £11.95 Mozzarella & tomato sauce base

£13.50 Pepperoni 1487kcal Pepperoni slices, mozzarella and a tomato sauce base

£13.50 Farmhouse 1384kcal Ham, mushroom, mozzarella

and a tomato sauce base Hawaiian 1419kcal

Ham, pineapple, mozzarella and a tomato sauce base

Veggie feast V VEO 1412kcal £13.50

Mushrooms, mixed peppers, red onions, sweetcorn, spinach, mozzarella and a tomato sauce base

£14.95 BBQ chicken 1589kcal

Chicken, crispy bacon, sweetcorn, mozzarella and a tomato & BBQ sauce base

## Sweet chilli chicken 1424kcal £14.95

Chicken, mixed peppers and tomato sauce base drizzled with sweet chilli sauce

Meat feast 1665kcal

Chicken, bacon, pulled pork, pepperoni, mozzarella and a tomato sauce base

£14.95

£14.95

Chipotle hot 1490kcal

Chipotle pulled pork, red onions, jalapeños, mozzarella and a tomato



PIZZA NIGHT DEAL £34.00

Choose any 2 pizzas, garlic pizza bread & a tub of ice cream for dessert.

# World Dishes

Clarters All served with mango chutney

Two chicken skewers 333kcal £4.95 Vegetable pakoras VE 420kcal £4.95 **Vegetable samosas** VE 308kcal Mixed selection 1407kcal Onion bhajis VE 425kcal

Chicken skewers, three veg samosas ve, four onion bhajis ve and four veg pakoras VE

## Indian inspired Mains

Served with poppadoms and boiled rice.

New recipes for 2023!

Chicken tikka masala 798kcal

Chicken jalfrezi 607kcal Chicken korma 888kcal

Thai green chicken curry 740kcal

**Vegan rainbow** VE 551kcal

Sweet potato pieces, courgette and peppers in a spiced tomato and coconut cream sauce

ADD ON FOR £2.50:

Flame baked garlic and coriander naan bread VE 200kcal



### **CURRY NIGHT DEAL** £31.50

Tuck into our mixed selection starter and two curries. The choice is yours!

£10.00

# Cweet treats

Chocolate fondue 1246kcal

A selection of mini brownies VE, marshmallows and mini doughnuts V, served with toffee v and chocolate VE dipping sauces.

Large ice cream tubs v

from £5.75

£8.50

Choose from a variety of flavours. See individual tub for nutritional information.

## Calads

Our salads come with mixed leaves, cherry tomatoes, cucumber, carrots, cabbage and onions and a choice of either chicken skewers 271kcal, pulled pork 123kcal, halloumi v 446kcal, smoked tofu VE 165kcal or falafel bites VE 318kcal

Caesar salad v 282kcal £10.95

Mediterranean inspired salad with balsamic dressing VE 287kcal

Served with Caesar dressing and garlic & herb croutons

£10.95 A seasoned mix of quinoa, kale, brown rice, soya beans & diced vegetables



## Something on the side

Skin on fries VE 433kcal Onion rings VE 500kcal

£3.50 £3.50

£6.50 Garlic pizza bread v 1186kcal Garlic pizza bread with cheese £7.50

V 1443kcal

House salad VE 86kcal £2.75 Served with a balsamic dressing

Kids meals

Mains choose one... Chicken goujons 252kcal

Vegan bites VE 176kcal

Fish goujons 181kcal Beef burger 428kcal

Sausage 330kcal VEO 148kcal

Chicken breast 100kcal

main and two sides for £6.50

Margherita pizza VEO 645kcal

Tomato and cheese pasta v 320kcal with hidden veg



**Jacket potato** VE 299kcal House salad VE 15kcal

**Sweetcorn** VE 76kcal

Baked beans VE 73kcal