

# BRUNCH

We create our dishes using responsibly sourced, seasonal ingredients. This way we can make sure our food is naturally good for you, and better for the planet.

# Enjoy a sparkling brunch with a bottle of prosecco or champagne, or try our selection of cocktails.

**The Full** 1213kcal

Back bacon, British pork sausages, free-range fried eggs and a slice of Scottish black pudding, with hash browns, oven-baked flat mushroom, baked beans and a fresh plum tomato.

The Plant 718kcal VE
Two vegan sausages, an oven-baked flat
mushroom and sliced avocado half, with
a hash brown, baked beans and a fresh
plum tomato.

Both served with white, multigrain bloomer or hand-crafted sourdough toast and Netherend Farm fine butter or plant-based alternative.

#### DRINKS

# Tosti Prosecco

 20cl bottle
 9

 750ml
 26.5

Laurent-Perrier La Cuvée Brut NV 100

France - Champagne

Cocktails 6.5

Hand-crafted, bottled cocktails, made in Suffolk by Edmunds.

Old Fashioned | Strawberry Daiquiri | Passion Fruit Martini | Espresso Martini | Moiito | Chambord Bramble

Ask us about our limited edition summer flavours.

# The Baked 1087kcal V

10.5

Share a freshly baked croissant, pain au chocolat, toasted tea cake and your choice of bloomer or sourdough toast, accompanied by strawberry jam, Nutella and Netherend Farm fine butter.

# Brioche Benedict 664kcal V

Our version of a classic, with poached free-range eggs, wilted spinach and hollandaise sauce, served on toasted brioche slices.

Add: Back bacon 893kcal **2** | Buttermilk chicken and maple syrup 991kcal **3** | Flat mushroom and hash browns 893kcal v **2** 

Avocado and burrata on toast 714kcal V 12

Smashed avocado topped with burrata, poached eggs, slow-roasted tomatoes, black sesame seeds and chilli flakes, stacked on toasted sourdough.

#### **SMOOTHIES** -

A nourishing glass of fresh fruits and juice blended together for a naturally good boost.

Passion fruit, mango and pineapple 169kcal

Cherry, strawberry, raspberry, banana, mango and blackcurrant 165kcal

Raspberry, blueberry, banana and flaxseed 96kcal

Mango, spinach, pineapple, apple and lemongrass 158kcal

Coconut, mango, pineapple, mint and lime 96kcal

#### ALLERGENS & NUTRITIONAL INFORMATION

Please let us know before ordering if you have any dietary or allergy requirements. Our food is prepared in our kitchen where nuts, gluten and other allergens are present, and vegetarian and vegan foods are prepared alongside the rest of the menu. Our kcal information is accurate at the time of printing. Adults need around 2,000 kcals per day and our menu should only be used as a guide. You can find the full list of ingredients for all our dishes by scanning the QR code or at forestholidays.co.uk/food-and-drink





# DRINKS

HOT DRINKS		
Espresso 2kcal	2.8	
Flat white 118kcal	3.3	
Americano 2kcal   3kcal	3.0	3.3
Cappuccino 118kcal   140kcal	3.3	3.6
Latte 140kcal   170kcal	3.3	3.6
Mocha 162kcal   192kcal	3.65	3.95
Hazelnut cappuccino 145kcal   167kcal	3.95	4.35
Caramel latte 167kcal   197kcal	3.95	4.35
Babyccino 46kcal	1.3	
Tea Okcal	2.6	
Earl Grey   English Breakfast   Herbal selection		
Classic hot chocolate 159kcal   189kcal	3.4	3.8
Ultimate hot chocolate 259kcal   305kcal	3.85	4.2
Served with marshmallows and whipped crea	am	

EXTRAS	
<b>Syrup shots</b> 27kcal Choose from vanilla, caramel or hazelnut	0.75
Non-dairy milk Choose from Oat 8kcal   Almond 132kcal   Soy milk 16kcal	Free
Cream 26kca	0.7
Extra coffee shot lkcal	1.3

# SPARKLING WINES

# Laurent-Perrier Cuvée Rosé Brut NV

France - Champagne
Bottle 160

Laurent-Perrier Vintage

France - Champagne
Bottle 180

# **ROSÉ WINES**

# Les Mougeottes Grenache Rosé

France - Languedoc

175ml **5.8** 250ml **7.5** Bottle **22** 

# Mirabeau Pure Rosé

France - Provence

175ml **9.3** 250ml **12.5** Bottle **36** 

#### SOFT DRINKS

Coca Cola	3.7
Diet Coke	3.6
Coke Zero	3.6
Sprite Zero	3.7
Fanta	3.7
Appletiser	3.65
Capri-Sun Orange	2.6
<b>Pip Organic</b> Blackcurrant and raspberry   Cloudy apple   Orange and mango	2.3
Frobishers pressed juice Apple   Orange   Cranberry   Apple and mango   Apple and raspberry	3.65

# ICED COFFEE

Iced latte 140Kcal	3.6
Iced americano 2kcal	3.3

# AFTERNOON TEA FOR TWO -

Share a selection of fresh pastries, sandwiches and cakes along with your choice of tea, coffee or prosecco.

Let us know when you'd like to join us and we'll get everything prepared.

# WHITE WINES

# Il Molo Pinot Grigio

Italy

175ml **4.5** 250ml **6.25** Bottle **17.95** 

#### Saam Fairtrade Chenin Blanc

South Africa - Paarl

175ml **5.8** 250ml **7.5** Bottle **22** 

# Mack & Collie Sauvignon Blanc

New Zealand - Marlborough

175ml **6** 250ml **7.6** Bottle **23** 

# Olivier Tricon Chablis

France - Burgundy

175ml **9.5** 250ml **13** Bottle **38**