

# BREAKFAST

We create our dishes using responsibly sourced, seasonal ingredients. This way we can make sure our food is naturally good for you, and better for the planet.

All served with white, multigrain bloomer or hand-crafted sourdough toast and Netherend Farm fine butter or plant-based alternative.	The Half671kcal1A lighter version of The Full, with one baconrasher, British pork sausage, free-rangefried egg, oven-baked flat mushroom, baked	11
The Full 1213kcal 14	beans and a fresh plum tomato.	
Back bacon, British pork sausages, free-range fried eggs and a slice of Scottish black	The Plant 718kcal VE	12
pudding, with hash brown, oven-baked	Two vegan sausages, an oven-baked flat	12
flat mushroom, baked beans and a fresh	mushroom and sliced avocado half, with a hash	
plum tomato.	brown, baked beans and a fresh plum tomato.	
reakfast burger 1196kcal 12	Brioche Benedict	9
z beef patty, prime British pork sausage,	Our version of a classic, with poached	_
ck bacon, baked beans and free-range ed egg layered in a glazed bun with hot	free-range eggs, wilted spinach and hollandaise sauce, served on toasted brioche slices. 664kcal V	
ney-topped hash browns on the side.		
	Add: Back bacon 893kcal <b>2</b> Buttermilk chicken and maple syrup 991kcal <b>3</b>	
reakfast buns 7	Flat mushroom and hash browns 893kcal V 2	
served in a flour bun, with Netherend Farm e butter or plant-based alternative.		
ple bacon 661kcal   Triple sausage 789kcal	<b>The Baked</b> 1087kcal V <b>10</b>	).5
gan sausage and slow-roasted, seasoned tomatoes	Share a freshly baked croissant, pain	
kcal   Avocado, flat mushroom and hash brown 501kcal	au chocolat, toasted tea cake and your choice of bloomer or sourdough toast,	
	accompanied by strawberry jam, Nutella	
	and Netherend Farm fine butter.	
ADD A LITTLE EXTRA		
Free-range egg 70kcal   Hash brown 145kcal   1	American-style pancakes	8
Mushroom 14kcal   Scottish black pudding 149kcal	Four fluffy pancakes topped with your choice of:	
Baked beans 51kcai   Fresh plum tomato 15kcai	·	
Bacon 118kcal   Sausage 161kcal   1.5	Smoked bacon and hot honey 691kcal	
Vegan sausage 73kcal	Berries, banana and maple syrup 711kcal V	
	Nutella and maple syrup 740kcal V	
rocado and burrata on toast 714kcal V 12		
nashed avocado topped with burrata, pached eggs, slow-roasted, seasoned tomatoes,	FREE HOT DRINK REFILLS	
ached eggs, slow-roasted, seasoned tornatoes, ack sesame seeds and chilli flakes, stacked	because one is never enough.	
toasted sourdough.	Enjoy with any breakfast until 11.30an	n.

#### ALLERGENS & NUTRITIONAL INFORMATION

Please let us know before ordering if you have any dietary or allergy requirements. Our food is prepared in our kitchen where nuts, gluten and other allergens are present, and vegetarian and vegan foods are prepared alongside the rest of the menu. Our kcal information is accurate at the time of printing. Adults need around 2,000 kcals per day and our menu should only be used as a guide. You can find the full list of ingredients for all our dishes by scanning the QR code or at forestholidays.co.uk/food-and-drink





## DRINKS

### HOT DRINKS

Espresso 2kcal	2.8	
Flat white 118kcal	3.3	
Americano 2kcal   3kcal	3.0	3.3
Cappuccino 118kcal   140kcal	3.3	3.6
Latte 140kcal   170kcal	3.3	3.6
Mocha 162kcal   192kcal	3.65	3.95
Hazelnut cappuccino 145kcal   167kcal	3.95	4.35
Caramel latte 167kcal   197kcal	3.95	4.35
Babyccino 46kcal	1.3	
<b>Tea</b> <sub>Okcal</sub> Earl Grey   English Breakfast   Herbal selection	2.6	
Classic hot chocolate 159kcal   189kcal	3.4	3.8
Ultimate hot chocolate 259kcal 305kcal Served with marshmallows and whipped of		4.2

### ICED COFFEE

Iced latte 140Kcal	3.6
Iced americano 2kcal	3.3

#### EXTRAS -

<b>Syrup shots</b> 27kcal Choose from vanilla, caramel or hazelnut	0.75
<b>Non-dairy milk</b> Choose from Oat 8kcal   Almond 132kcal   Soy milk 16kcal	Free
Cream 26kcal Extra coffee shot 1kcal	0.7 1.3

#### COFFEE AND CAKE

6.5

Your choice of hot drink and a slice of cake from our daily selection of fresh bakes.

Why not treat your dog, too? Ask us about our Doggy Dining menu, full of feasts and treats to get their tails wagging.

#### SOFT DRINKS

Coca Cola	3.7
Diet Coke	3.6
Coke Zero	3.6
Sprite Zero	3.7
Fanta	3.7
Appletiser	3.65
Frobishers pressed juices	3.65
Apple   Orange   Cranberry   Apple and mango   Apple and raspberry	
Capri-Sun Orange	2.6
Pip Organic	2.3
Blackcurrant and raspberry   Cloudy apple	

Blackcurrant and raspberry | Cloudy apple | Orange and mango

SMOOTHIES VE	6
A nourishing glass of fresh fruits and juice blended together for a naturally good boost.	
Passion fruit, mango and pineapple 169kcal	
Cherry, strawberry, raspberry, banana, mango and blackcurrant 165kcal	
Raspberry, blueberry, banana and flaxseed 96kcal	
Mango, spinach, pineapple, apple and lemongrass 158kcal	
Coconut, mango, pineapple, mint and lime 96kcal	

#### MILKSHAKES

4

Made with local ice cream.

Choose: Chocolate 623kcal | Strawberry 568kcal | Vanilla 568kcal