# JUST GOOD FOOD





# Freshly prepared for you in the forest



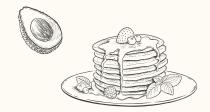
#### BREAKFAST - SERVED UNTIL 11:30am

The Full GFO 1,220kcal Two bacon labours, two sausages, two fried eggs,	£13.00	Stacked sandwiches Choose from:	
beans, hash browns, flat mushroom, beef tomato, black pudding and a bloomer toast slice with butter		Triple bacon GFO 786kcal	£6.50
black pudding and a biooffier toast slice with butter		Triple sausage GFO 742kcal	£7.00
The Half GFO 523kcal	£9.00	Triple vegan sausage VE 424kcal	£6.00
Bacon rasher, sausage, beans, beef tomato, flat mushroom, fried egg and a bloomer toast slice with butter		Half avocado on toast V, VEO, GFO 663kcal With two eggs, beef tomato, seeds, dill and crushed chillis, stacked on sourdough bread	£10.00
The Vegan VE 725kcal	£10.00		
Two sausages, beans, flat mushroom, hash brown,		American-style pancakes	
half avocado, beef tomato and a bloomer toast slice		With your choice of toppings:	
,		Berries and banana VE 471kcal	£7.00
The Baked V 497kcal	£9.00	Beechwood smoked bacon and maple syrup 599kcal	£7.00
Warm croissant, tea cake, pain au chocolat, bloomer toast, strawberry jam and butter		Nutella v 653kcal	£6.00



SPEAK TO THE TEAM TO ADD ON AS MANY EXTRA ITEMS\* AS YOU LIKE.

\*Extra breakfast items will incur an additional cost



GLUTEN-FREE AND VEGAN OPTIONS AVAILABLE ask our team for details

# LUNCH AND LIGHTER BITES - SERVED FROM 12pm

# From the Deli

Our freshly prepared deli choices make lunch deliciously easy. All served with our signature forest slaw 92kcal, light salad 3kcal and yummy fries 346kcal.



Sandwiches\* £11.00

Choose from wholemeal 258kcal, white 247kcal or sourdough 253kcal bloomer bread.

Baked ham, Emmental, beef tomato and chutney GFO 680kcal Chicken, iceberg lettuce and tomato GFO 460kcal Hummus, avocado and beef tomato VE, GFO 686kcal \*Kcal declarations are for the white bloomer bread option

Paninis

Ham and Emmental cheese 654kcal

Ciabatta

Tuna and mozzarella 555kcal

Southern fried chicken and bacon 679kcal £11.00
Breaded fish, iceberg lettuce and beef tomato 486kcal £12.00
Buttermilk chicken club with iceberg lettuce, £11.00
beef tomato and mayonnaise 561kcal

### Signature stonebaked flatbreads

A tasty Khobez-style flatbread, packed with a choice of fresh, aromatic fillings. All topped with chimichurri, rocket and pickled pink onion.



#### **Baked potatoes**

Ask us what's on today.

A firm forest favourite, oven-baked and topped with a choice of classic spud fillings, forest slaw and a light salad.

£8.00
£7.00
£7.00
£8.00

Cook's soup of the day VE, GFO 295kcal £6.00
Served with bread and British butter.

# TASTY MAINS

## SERVED FROM 12pm

#### HOT RICE BOWLS -

Our hearty hot bowls start with a base of steamed white rice and smashed avocado garnish, with half a flame-baked garlic and coriander naan.

#### **Build your bowl:**

Smoky bean chilli VE, GFO 656kcal	£10.00
Rainbow vegan curry VE, GFO 669kcal	£11.00

#### **BURGERS**

Our mouthwatering burgers are bursting with flavour, served in a grill-marked bun topped with beef tomato and iceberg lettuce with forest slaw 92kcal on the side.



Add skin-on fries 346kcal or baked potato 150kcal.

Signature loaded GFO 1,052kcal	£16.00
Two beef patties, bacon, panko-breaded onion rings,	
Emmental cheese and chimichurri	

<b>Double beef</b> GFO 906kcal Two beef patties with Emmental cheese	£14.50
Buttermilk chicken 398kcal Coated, crispy chicken fillet	£13.50

Plant* VEO 559kcal	£13.50
Packed full of plant protein and an irresistible flavour	
*Plant hurger doesn't include forest slaw	

<b>Breaded veggie</b> <i>v 599kcal</i> Lightly seasoned, coarse vegetables in a light breadcrumb coating	£13.00
<b>Jumbo fish</b> 497kcal Prime cod fish finger in a gluten free crumb with tartare sauce and a hint of lemon	£14.00

### FOREST CLASSICS

Freshly prepared favourites to enjoy in the forest.

Stone baked lasagne 1,066kcal	£13.50
Aberdeen Angus beef with garlic ciabatta, forest slaw	,
and a light salad	

Sausage and mash VEO 695kcal	£12.00
Three pork sausages, creamy mashed potato with	
rich gravy and peas, topped with pickled pink onions	

fich gravy and peas, topped with pickled pink officins	
Chicken tikka masala 1,078kcal	£11.00
With boiled rice and garlic naan	

9	
British chicken, ham hock and leek pie 995kcal	£14.00
In a creamy sauce, wrapped in a thin butter	
shortcrust pastry with mash, peas and gravy	

shortcrust pastry with mash, peas and gravy	
Mushroom and leek pie VE, GF 882kcal	£14.00
A mix of mushrooms, leeks and onions in a	
mushroom sauce made from soya milk.	
Open-topped with a crumb, pumpkin and	
sunflower seed shortcrust pastry, served with	
baked potato, peas and gravy	

#### **PIZZAS**

Baked on a 12" fresh dough pizza base with tomato sauce and blended mozzarella. Choose from our delicious toppings:



Classic margherita v, GFO 1,356kcal	£12.50
Vegan margherita VE, GFO 919kcal	£13.00
Pepperoni GFO 1,537kcal	£14.50
BBQ chicken, streaky bacon, peppers and sweetcorn GFO 1,686kcal	£15.50
Sweet chilli chicken and peppers GFO 1,579kcal	£14.50
Spicy beef, jalapeño and pickled red onion GFO 1,380kcal	£15.50
Farmhouse (ham & mushroom) GFO 1,448kcal	£13.00
Hawaiian (ham & pineapple) GFO 1,486kcal	£14.00

The Feast GFO 1,728kcal	£16.00
Our hero pizza, topped with pepperoni, BBQ chicken, spicy beef, ham and beef tomato	

# Don't porget to add extras!

## **EXTRAS**

Skin-on fries VE 346kcal	£3.75
Sweet potato wedges VE 234kcal	£3.75
Panko-breaded onion rings VE 400kcal	£3.75
Garlic ciabatta v 391kcal	£4.00
Garlic and mozzarella ciabatta V 545kcal	£5.00
Forest slaw VE 323kcal	£3.00
Watercress, rocket, feta and dill salad v 353kcal	£4.00

## TREAT YOURSELF

DON'T FORGET TO HAVE A PEEK AT OUR COUNTER FOR CAKES AND TREATS TO EAT IN OR GRAB AND GO. IT CHANGES DAY TO DAY.



There's always something for everyone

Speak to the team about allergies and nutritional information.

# SOMETHING TO DRINK

SOFT DRINKS	
Coke (330ml can)	£1.70
Diet Coke (330ml can)	£1.60
Coke Zero (330ml can)	£1.20
Sprite Zero (330ml can)	£1.60
Fanta (330ml can)	£1.70
Frobishers Fusions Apple & raspberry or orange & passionfruit	£2.00
Capri Sun Orange (small)	£1.40
- ICED COFFEE	
- ICED COFFEE	
Iced Latte 140Kcal	£3.50
Iced Americano 2kcal	£3.20

HOT DRINKS	Regular	Large
Espresso	<b>£2.70</b> 2kcal	
Flat White	£3.20 118kcal	
Americano	£2.90 2kcal	£3.20 3kcal
Cappuccino	£3.20 118kcal	£3.50 140kcal
Latte	£3.20 140kcal	£3.50 170kcal
Mocha	£3.55 162kcal	£3.85 192kcal
Hazelnut Cappuccino	£3.85 145kcal	£4.25 167kcal
Caramel Latte	£3.85 167kcal	£4.25 197kcal
Babyccino	<b>£1.30</b> 46kcal	_ A
Tea	£2.50 Okcal	
Choose from Earl Grey, English or a range of herbal teas	Breakfast,	
Classic Hot Chocolate	£3.30 159kcal	£3.70 189kcal
Ultimate Hot Chocolate Served with marshmallows and	<b>£3.70</b> 259kcal whipped crear	

### **BOTTLED BEER & CIDER**

Peroni 330ml Gluten Free	£4.15
Peroni Libera 0% 330ml	£4.15
Corona 330ml	£4.15
Budweiser 330ml	£4.15
Asahi Super Dry Premium Lager 330ml	£4.15
Brewdog IPA 330ml	£4.15
Kopparberg Mixed Fruit 500ml	£5.00
Kopparberg Strawberry & Lime 500ml	£5.00

ON DRAUGHT	Half	Pint
Peroni	£3.15	£6.00
Cornish Orchards Gold	£2.95	£5.25

LOOKING FOR WINE, PROSECCO, CHAMPAGNE OR A LOCAL TIPPLE?

Just ask the team what's available





#### Make it yours... Syrup shots 27kcal 65p Choose from vanilla, caramel or hazelnut Non-dairy milk Free! Choose from oat -8kcal, almond -132kcal or soya milk -16kcal Cream 26kcal 65p Extra coffee shot 1kcal £1.20

## CUPPA & CAKE COMBO £6.50

ORDER A CUP OF TEA OR COFFEE WITH A PIECE OF ONE OF OUR SCRUMPTIOUS SPONGE CAKES.

A little bit of what you fancy does you good





# We love to hear your feedback

Help us improve our service and offerings by letting us know how your experience was. Scan the QR code here.

#### DID YOU KNOW?

We love using our business as a force for good. 10p of every hot drink sold supports small rural businesses through our start-up grants in partnership with the Royal Countryside Fund. Find out more about our charities and partners at forestholidays.co.uk/about/community



# JUST FOR KIDS

A yummy menu for mini explorers.

Breakfast is served until 11:30am. Mains are served from 12pm.

# BREAKFAST

**Mini full breakfast** VEO 433kcal **£6.50** Sausage, beans, egg, hash brown and toast with butter

#### Stacked breakfast sandwiches

Choose from white or brown bread

Bacon with ketchup GFO 432kcal £4.00
Sausage with ketchup GFO 301kcal £5.00
Vegan sausage with ketchup VE 348kcal £5.00
Beans on toast VE 249kcal £2.50

American-style waffle VE

Choose from these toppings: Nutella v 564kcal, berries VE 455kcal, or smoked bacon 510kcal

#### PIZZAS

Tasty toppings served on a baked ciabatta base, with tomato sauce and melted mozzarella.

Served with your choice of tasty fries or a baked potato.

Classic margherita v, GFO 585kcal

Vegan margherita VE, GFO 431kcal

Pepperoni GFO 672kcal

BBQ chicken GFO 684kcal

All £8.00



# FOREST CLASSICS



Sausage, mash and beans GFO 366kcal

Chicken tenders, chips\* and beans 592kcal

Vegan nuggets, chips\* and beans VE 436kcal

\*Chips can be swapped with baked potato 300kcal if preferred.

**Baked potato with beans** VE, GFO 386kcal **Baked potato with tuna mayonnaise** 

GFO 445kcal

£7.00

£5.00

£4.00

#### BURGERS

Our kids' burgers are bursting with flavour, served in a brioche bun with yummy fries and a mini salad.

**Beef** 560kcal 113g beef patty

Chicken tender 609kcal

Veggie v 578kcal

All £7.00

# KIDS' DRINKS

Capri Sun blackcurrant, tropical or orange

Pip Organic cloudy apple

Pip Organic blackcurrant & raspberry

Pip Organic orange & mango

All £2.00

# ICE CREAM

Add on a scoop of local ice cream for dessert, for just £1.20 extra when you order your kids' main.

Speak to the team for the nutritional information.



### OUR HAND-PICKED SUPPLIERS

We love celebrating and supporting local at each of our locations, and we're proud to source quality ingredients from across England, Scotland and Wales to bring you the best of British ingredients.

They're all prepared and delivered by carefully selected suppliers who share our values: good food, that's good for people and the planet.

Find out more about how we support communities by visiting forestholidays.co.uk/about



#### ALLERGENS & NUTRITIONAL INFORMATION

All of our food is prepared in our kitchen where nuts, gluten and other allergens are present. Our menu descriptions do not include all of the ingredients used in our dishes.

If you have a food allergy, please let us know before ordering. Full allergen information is available at forestholidays.co.uk/food-and-drink

All vegetarian and vegan foods are prepared in the same kitchen alongside the rest of our menu. Our gluten free options are highlighted on this menu, but if you have any queries please speak to a member of the team.