



*Freshly prepared for you in the forest*



## BREAKFAST - SERVED UNTIL 11:30am

### The Full GFO 1,220kcal

£13.00

Two bacon rashers, two sausages, two fried eggs, beans, hash browns, flat mushroom, beef tomato, black pudding and a bloomer toast slice with butter

### The Half GFO 523kcal

£9.00

Bacon rasher, sausage, beans, beef tomato, flat mushroom, fried egg and a bloomer toast slice with butter

### The Vegan VE 725kcal

£10.00

Two sausages, beans, flat mushroom, hash brown, half avocado, beef tomato and a bloomer toast slice

### The Baked V 497kcal

£9.00

Warm croissant, tea cake, pain au chocolat, bloomer toast, strawberry jam and butter

### Stacked sandwiches

Choose from:

Triple bacon GFO 786kcal

£6.50

Triple sausage GFO 742kcal

£7.00

Triple vegan sausage VE 424kcal

£6.00

*\*For gluten-free options, we use ciabatta*

### Half avocado on toast V, VEO, GFO 663kcal

£10.00

With two eggs, beef tomato, seeds, dill and crushed chillis, stacked on sourdough bread

### American-style pancakes

With your choice of toppings:

Berries and banana VE 471kcal

£7.00

Beechwood smoked bacon and maple syrup 599kcal

£7.00

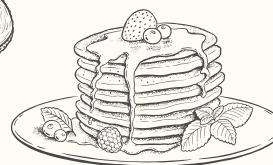
Nutella V 653kcal

£6.00

*Fancy a bigger breakfast?*

**SPEAK TO THE TEAM TO ADD ON AS MANY EXTRA ITEMS\* AS YOU LIKE.**

\*Extra breakfast items will incur an additional cost



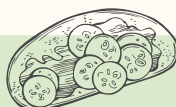
**GLUTEN-FREE  
AND VEGAN  
OPTIONS  
AVAILABLE**

*ask our team  
for details*

## LUNCH AND LIGHTER BITES - SERVED FROM 12pm

### From the Deli

Our freshly prepared deli choices make lunch deliciously easy. All served with our signature forest slaw 92kcal, light salad 3kcal and yummy fries 346kcal.



#### Paninis

£11.00

Ham and Emmental cheese 654kcal

Tuna and mozzarella 555kcal

Beef tomato and mozzarella 786kcal

#### Ciabatta

Breaded fish, iceberg lettuce and beef tomato 486kcal £12.00

Buttermilk chicken club with iceberg lettuce, beef tomato and mayonnaise 561kcal £11.00

### Baked potatoes

A firm forest favourite, oven-baked and topped with a choice of classic spud fillings, forest slaw and a light salad.

Baked ham and mozzarella GFO 550kcal

£8.00

Tuna mayonnaise GFO 481kcal

£7.00

Baked beans and cheese V, VEO, GF 600kcal

£7.00

### Cook's soup of the day VE, GFO 295kcal

£6.00

Served with bread and British butter.

Ask us what's on today.



## ALLERGENS & NUTRITIONAL INFORMATION

All of our food is prepared in our kitchen where nuts, gluten and other allergens are present. Our menu descriptions do not include all of the ingredients used in our dishes. If you have a food allergy, please let us know before ordering. Full allergen information is available at [forestholidays.co.uk/food-and-drink](http://forestholidays.co.uk/food-and-drink)

All vegetarian and vegan foods are prepared in the same kitchen alongside the rest of our menu. Our gluten free options are highlighted on this menu, but if you have any queries please speak to a member of the team.

VO Vegetarian option, V Vegetarian dishes, VEO Vegan option, VE Vegan dishes, GF Gluten-Free dishes, GFO Gluten-Free option

# TASTY MAINS

SERVED FROM 12pm

## HOT RICE BOWLS

Our hearty hot bowls start with a base of steamed white rice and smashed avocado garnish, with half a flame-baked garlic and coriander naan.

### Build your bowl:

Rainbow vegan curry VE, GFO 669kcal	£11.00
Chicken tikka masala 1,078kcal	£11.00

## BURGERS

Our mouthwatering burgers are bursting with flavour, served in a grill-marked bun topped with beef tomato and iceberg lettuce with forest slaw 92kcal on the side.

Add skin-on fries 346kcal or baked potato 150kcal.



<b>Signature loaded</b> GFO 1,052kcal	£16.00
Two beef patties, bacon, panko-breaded onion rings, Emmental cheese and chimichurri	
<b>Double beef</b> GFO 906kcal	£14.50
Two beef patties with Emmental cheese	
<b>Buttermilk chicken</b> 398kcal	£13.50
Coated, crispy chicken fillet	
<b>Plant</b> VE 559kcal	£13.50
Packed full of plant protein and an irresistible flavour	
<b>Breaded veggie</b> V 599kcal	£13.00
Lightly seasoned, coarse vegetables in a light breadcrumb coating	
<b>Jumbo fish</b> 491kcal	£14.00
Prime cod fish finger in a gluten free crumb with tartare sauce and a hint of lemon	

## FOREST QUIZ NIGHT

Grab a drink, choose your team name and put your knowledge to the test for a chance to WIN. Our quiz nights are a free, family friendly event. Speak to the team for more details. Paws are welcome too! 🐾



*We love to hear your feedback*

Help us improve our service and offerings by letting us know how your meal was. Scan the QR code here.

## PIZZAS

Baked on a 12" fresh dough pizza base with tomato sauce and blended mozzarella. Choose from our delicious toppings:



WE HAVE GLUTEN FREE BASES AND TOPPINGS ask our team for details

<b>Classic margherita</b> V, GFO 1,356kcal	£12.50
<b>Vegan margherita</b> VE, GFO 919kcal	£13.00
<b>Pepperoni</b> GFO 1,537kcal	£14.50
<b>BBQ chicken, streaky bacon, peppers and sweetcorn</b> GFO 1,686kcal	£15.50
<b>Sweet chilli chicken and peppers</b> GFO 1,579kcal	£14.50
<b>Spicy beef, jalapeño and pickled red onion</b> GFO 1,380kcal	£15.50
<b>Farmhouse (ham &amp; mushroom)</b> GFO 1,448kcal	£13.00
<b>Hawaiian (ham &amp; pineapple)</b> GFO 1,486kcal	£14.00

### The Feast GFO 1,728kcal

Our hero pizza, topped with pepperoni, BBQ chicken, spicy beef, ham and beef tomato

£16.00



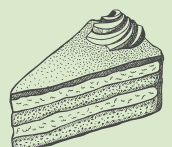
*Don't forget to add extras!*

## EXTRAS

<b>Skin-on fries</b> VE 346kcal	£3.75
<b>Sweet potato wedges</b> VE 234kcal	£3.75
<b>Panko-breaded onion rings</b> VE 400kcal	£3.75
<b>Garlic ciabatta</b> V 391kcal	£4.00
<b>Garlic and mozzarella ciabatta</b> V 545kcal	£5.00
<b>Forest slaw</b> VE 323kcal	£3.00

## TREAT YOURSELF

Don't forget to have a peek at our counter for cakes and treats to eat in or grab and go. It changes day to day so there's always something for everyone.



# SOMETHING TO DRINK

## SOFT DRINKS

Coke	£3.40
Diet Coke	£3.30
Coke Zero	£3.30
Sprite Zero	£3.40
Fanta	£3.40
Appletiser	£3.35
Frobishers Fusions	£3.35
Apple & raspberry or orange & passionfruit	
Capri Sun Orange	£2.40
Pip Organic	£2.10
Blackcurrant & raspberry, cloudy apple or orange & mango	



## MILKSHAKES *made with local ice cream*

Choose from:

Chocolate 623kcal, strawberry 568kcal, or vanilla 568kcal **£4.00**

## ICED COFFEE

Iced Latte 140Kcal	£3.50
Iced Americano 2kcal	£3.20

LOOKING FOR WINE,  
PROSECCO, CHAMPAGNE OR  
A LOCAL TIPPLE?

*Just ask the team what's available*



## BOTTLED BEER & CIDER

Peroni 330ml <i>Gluten Free</i>	£4.15
Peroni Libera 0% 330ml	£4.15
Corona 330ml	£4.15
Budweiser 330ml	£4.15
Brewdog IPA 330ml	£4.15
Gwynt y Craig Ciders 500ml	£4.15
Ask about our selection	
Bespoke Brewery Ales 500ml	from £4.15
Ask about our selection	

## ON DRAUGHT

Half Pint

Peroni	£3.15	£6.00
Meantime London Pale Ale	£3.00	£5.50
Cornish Orchards Gold	£2.95	£5.25
Guinness		£5.25

## WHISKEY

Single Double

Dalwhinnie 15 year old	£7.30	£12.50
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## HOT DRINKS

Regular Large

Espresso	£2.70 2kcal	
Flat White	£3.20 118kcal	
Americano	£2.90 2kcal	£3.20 3kcal
Cappuccino	£3.20 118kcal	£3.50 140kcal
Latte	£3.20 140kcal	£3.50 170kcal
Mocha	£3.55 162kcal	£3.85 192kcal
Hazelnut Cappuccino	£3.85 145kcal	£4.25 167kcal
Caramel Latte	£3.85 167kcal	£4.25 197kcal
Babyccino	£1.30 46kcal	
Tea	£2.50 0kcal	
Choose from Earl Grey, English Breakfast or a range of herbal teas		
Classic Hot Chocolate	£3.30 159kcal	£3.70 189kcal
Ultimate Hot Chocolate	£3.70 259kcal	£4.10 305kcal
Served with marshmallows and whipped cream		



## *Make it yours...*

Syrup shots 27kcal	65p
Choose from vanilla, caramel or hazelnut	
Non-dairy milk	Free!
Choose from oat -8kcal, almond -132kcal or soya milk -16kcal	
Cream 26kcal	65p
Extra coffee shot 1kcal	£1.20

## SPIRITS

Single Double

Absolut Vodka	£3.70	£6.05
Grey Goose Vodka	£4.60	£7.35
Chase Vodka	£4.55	£7.35
Bacardi Carta Blanca	£3.50	£6.30
The Kraken Black Spiced Rum	£4.15	£6.80
Courvoisier	£4.15	£6.80
Disaronno Amaretto	£3.70	£6.05
Malibu	£3.40	£5.55
Baileys	£4.60	£7.25

## GIN

Single Double

Beefeater (Original or Pink)	£3.50	£5.75
Bombay Sapphire	£3.95	£6.30
Chase (GB, Pink Grapefruit & Pomelo or Seville Marmalade)	£4.55	£7.35
Wye Valley Premium	£4.55	£7.35
Catbrook Honey	£4.70	£7.85
Whitley Neil Rhubarb & Ginger	£4.15	£6.80

ASK THE TEAM ABOUT OUR MIXERS AND ALCOHOL-FREE DRINKS

# JUST FOR KIDS

A yummy menu for mini explorers.  
Breakfast is served until 11:30am. Mains are served from 12pm.



## BREAKFAST

**Mini full breakfast** VEO 498kcal **£6.50**  
Bacon, sausage, tomato, beans, egg and toast with butter

### Stacked breakfast sandwiches

Choose from white or brown bread

Bacon with ketchup GFO 432kcal **£4.00**

Sausage with ketchup GFO 301kcal **£5.00**

Vegan sausage with ketchup VE 348kcal **£5.00**

**Beans on toast** VE 249kcal **£2.50**

**American-style waffle** VE **£5.00**

Choose from these toppings:

Nutella V 564kcal, berries VE 455kcal, or smoked bacon 510kcal

## PIZZAS



Tasty toppings served on a baked ciabatta base, with tomato sauce and melted mozzarella.  
Served with your choice of tasty fries or a baked potato.

**Classic margherita** V, GFO 585kcal

**Vegan margherita** VE, GFO 431kcal

**Pepperoni** GFO 672kcal

**BBQ chicken** GFO 684kcal

**All £8.00**

## BURGERS



Our kids' burgers are bursting with flavour, served in a brioche bun with yummy fries and a mini salad.

**Beef** 560kcal  
113g beef patty

**Chicken tender** 609kcal

**Veggie** V 578kcal

**All £7.00**

## KIDS' DRINKS

Capri Sun blackcurrant, tropical or orange

Pip Organic cloudy apple

Pip Organic blackcurrant & raspberry

Pip Organic orange & mango

**All £2.00**

## FOREST CLASSICS



**Sausage, mash and beans** GFO 366kcal

**Chicken tenders, chips\* and beans** 592kcal

**Vegan nuggets, chips\* and beans** VE 436kcal

\*Chips can be swapped with baked potato 300kcal if preferred.

**£7.00**

**Baked potato with beans** VE, GFO 386kcal

**Baked potato with tuna mayonnaise**

GFO 445kcal

**£4.00**

## ICE CREAM

Add on a scoop of local ice cream for dessert, for just £1.20 extra when you order your kids' main.

Speak to the team for the nutritional information.



## OUR HAND-PICKED SUPPLIERS

We love celebrating and supporting local at each of our locations, and we're proud to source quality ingredients from across England, Scotland and Wales to bring you the best of British ingredients.

They're all prepared and delivered by carefully selected suppliers who share our values: good food, that's good for people and the planet.

Find out more about how we support communities by visiting [forestholidays.co.uk/about](https://forestholidays.co.uk/about)

Certified



Corporation

*Enjoy your food!*