

# Mini Forest Retreat Menu *just for kids*



Choose one main and two sides for £6.85. Add a scoop of local ice cream for £1.20 extra.  
Once you've chosen your food, turn over and have some fun while you wait.

## Mains

- Chicken goujons 252kcal
- Vegan bites VE 176kcal
- Fish goujons 181kcal
- Beef burger 482kcal
- Sausage VEO 330kcal
- Chicken breast 100kcal
- Margherita pizza VEO 645kcal

## Sides

- Fries VE 216kcal
- Jacket potato VE 299kcal
- House salad VE 15kcal
- Baked beans VE 73kcal
- Sweetcorn VE 76kcal



## Ice cream

- Vanilla V 215kcal
- Chocolate V 215kcal
- Strawberry V 215kcal

## Drinks

- Capri Sun blackcurrant, tropical or orange
- Pip Organic cloudy apple
- Pip Organic blackcurrant & raspberry
- See our full drinks menu for more options.



### Allergens and nutritional information

All of our food is prepared in our kitchen where nuts, gluten and other allergens are present. Our menu descriptions do not include all of the ingredients used in our dishes. If you have a food allergy, please let us know before ordering. Full allergen information is available at [forestholidays.co.uk/food-and-drink](http://forestholidays.co.uk/food-and-drink)

All vegetarian and vegan foods are prepared in the same kitchen alongside the rest of our menu. We cannot guarantee that these items have been cooked in dedicated fryers. Please ask a team member for more information.

To discuss gluten free options available please speak to a member of the team.

#### KEY

VO Vegetarian option V Vegetarian dishes VEO Vegan option VE Vegan dishes



## Chester the squirrel

Chester and his friends can be found in the gift shop and we'd love to see them with you on your forest adventures!

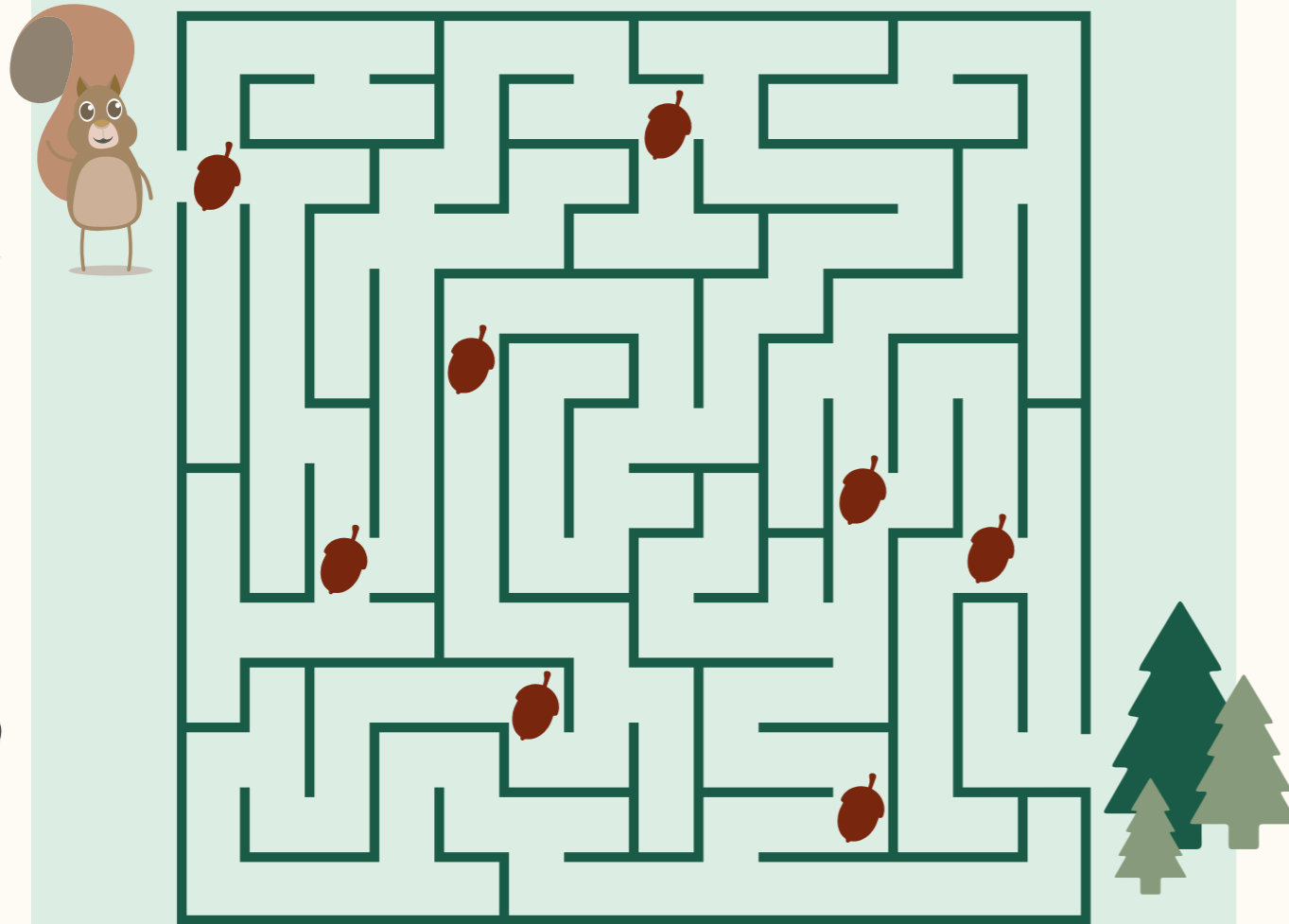
Tag us in your snaps on social media and we'll share them with our followers. Don't forget to use our hashtag #ForestFeeling

@forestholidays @ForestHolidaysCabins

*Enjoy your food*

# Acorn maze

Help Chester get to the forest through the maze.  
Don't forget to collect his acorns along the way!



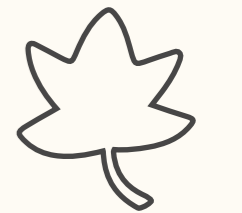
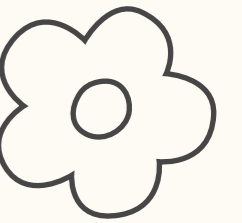
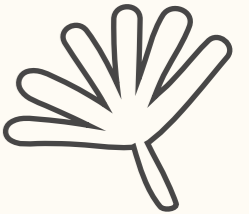
# Forest wordsearch

Find each word in the grid below.

Forest    Feeling    Squirrel    Cabin    Trees  
Adventure    Explore    Wildlife    Leaf    Flower  
Nature    Bee

K	T	S	Q	U	I	R	R	E	L
M	F	E	E	L	I	N	G	R	F
B	O	S	Z	J	S	N	E	P	E
E	R	N	A	E	A	W	G	R	F
E	E	D	E	T	O	I	O	D	I
U	S	R	U	L	C	L	E	T	L
E	T	R	F	V	P	B	H	O	D
L	E	B	R	X	L	E	A	F	L
A	D	V	E	N	T	U	R	E	I
X	C	A	B	I	N	Q	W	A	W

Colour us in!



# Draw

An insect

You in the forest

A tree

A flower

A leaf

## Did you know?

We record different wildlife species at our locations, found on the forest floor right up to the tops of the trees.

**Chat to our Forest Ranger to find out more.**

